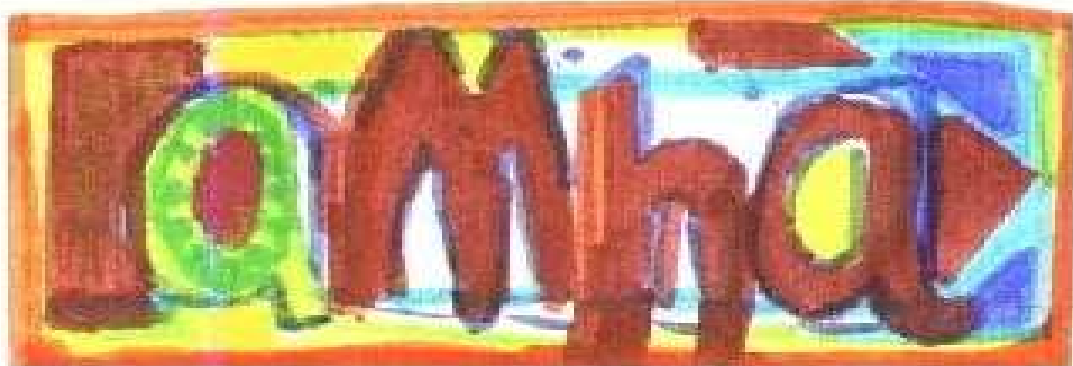


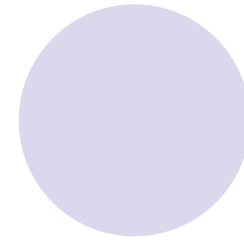
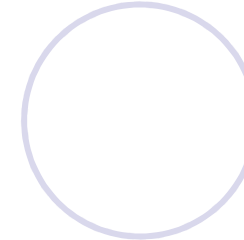
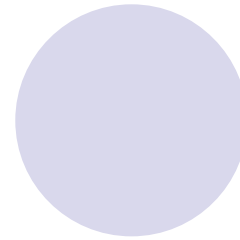
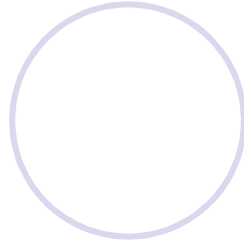
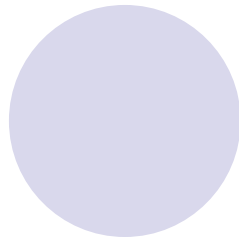
HEALTH ANGUS MENTAL
ASSOCIATION TAYLOR

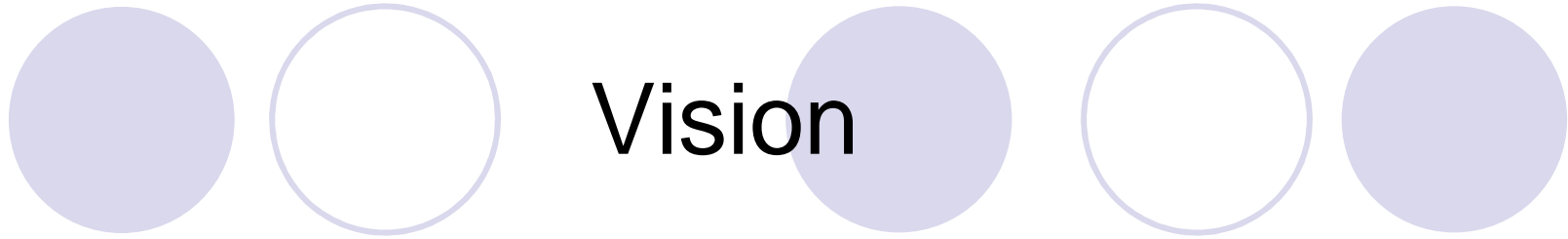




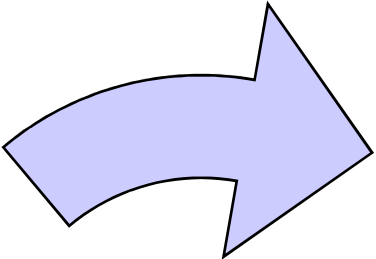
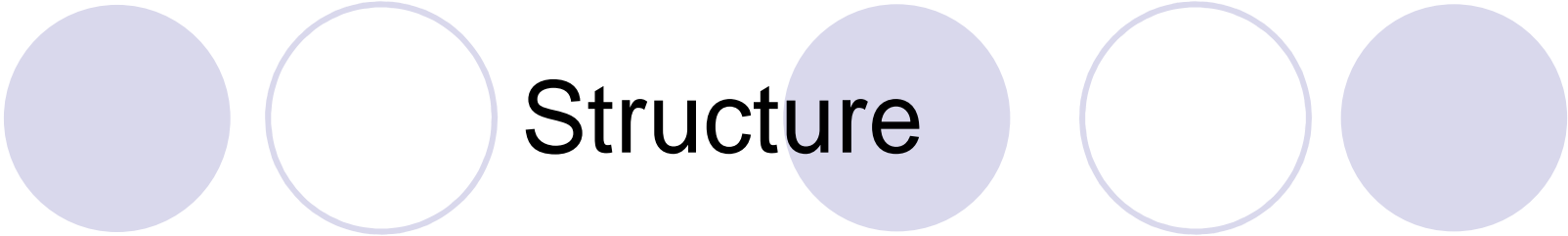
Who are we?

- Independent voluntary organisation and charity
- Main office based in Arbroath
- Groups in Arbroath, Forfar and Montrose and one on one support throughout Angus





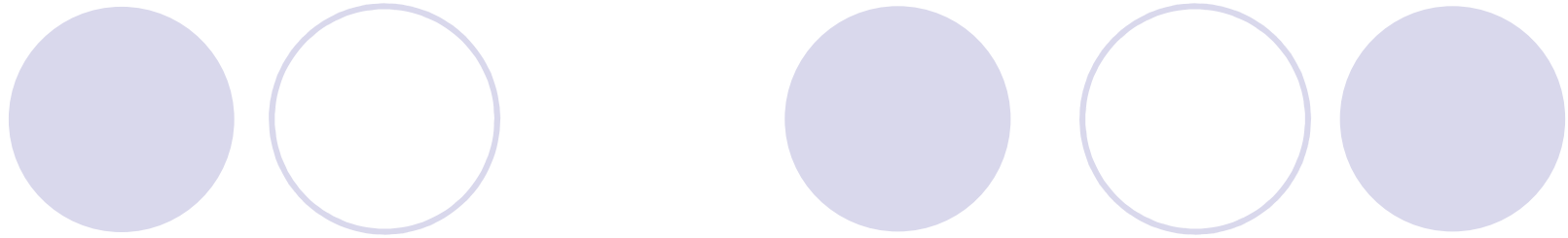
- Angus Mental Health Association strives to provide excellent quality support services and activities in community settings for people experiencing mental health difficulties throughout Angus.
- Through education, information and example, AMHA seeks to increase mental health awareness, mental well being and reduce stigma across the community.



1-1 Befriending Groups



Outreach Learning



- “ having a voice and making a difference, personally and beyond, recognising that there is a strength in unity”



**“Having a voice and making a difference,
strength in unity”
Service Users**

- Voice – User led programme; Board membership; AMHA Collective
- Involvement – Can use resources to promote over whole region and in a variety of different activities.
- Difference – Taking a holistic approach, looking at all areas of mental wellbeing
- Unity – Coming together as one to shape their organisation and services

**“Having a voice and making a difference,
strength in unity”**

Angus Mental Health Association

- Voice – Towards a Mentally Flourishing Scotland – driven locally –Community Planning Partnerships
- Difference – Weight to attract local and national partners – Scottish Association for Mental Health
- Unity – United voice for a wide geographical area
 - For service users with a wide range of issues
 - To a wide range of voluntary and statutory bodies



A strong united voice for mental health service users in Angus